

Erasmus+ ReSpeCtOI



Country: ITALY

Mobility 1: Congress (with few students) or Course (no students)

Title of the week: **Respect the difference to live in Peace**

Main Value: PEACE

Period of the year to host: FEBRUARY 2025 (from 20th)

Description and organization of the week (Contents, Main goals, Activities, Outcomes):

Day 1:

C : Conference : “ how can different religions meet” Dialogue between an Imam and a catholic priest.

MG : Promoting the relationship between religious communities

A : Workshops led by the local association of Islamic religion

O : videos, broadcasts in the schools radio RR21, posters

Day 2:

C : students prepare workshops about their own culture and language

MG : Be aware of the outstanding aspects of one’s culture

A : Students of different nationalities organize workshops to be held the following day in front of the local community (cooking, poetry, language, habits, traditional clothes, music etc)

O : presentations, posters, arts and craft productions

Day 3:

C: International day of languages (mother tongue) -21st February

MG: to promote linguistic multilingualism, and the preservation and protection of all languages, especially endangered ones

A: workshops led by foreign students of the local and host schools representing the different communities (Panjabi, Chinese, Ghanese, Russian, Moroccan ...)

O: pictures, videos, presentations.

Day 4:

C: Inclusive Sport

MG: to understand that sport is a mean of inclusion

A: Sports activities with disabled people: athletics, games, dance- Orienteering in the woods

O: Videos, written reports, blog article

Day 5:

C: The Ways of Europe: Walking the “Cammino del PO

MG: to learn the importance of walking as a sport activity for the body wellness and for health

A: Conference and Walk along the river from 10 to 20 km and discover the natural landscape and the plant and animal species of the area

O: report of the walk, pictures and videos

External partners : local associations of volunteers (Il cammino del PO), sports associations (Atletica interflumina)

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Expected results: Students and participant will learn how people can respect each other, believe in solidarity and in a peaceful world even if they are different, they speak different languages and believe in different religions. "Different" students will work together for the same aim, accepting each other and fighting against racism and any kind of xenophobia.

Mobility 2: Teaching Learning (with students)

Title of the week: **Discover the local culture and heritage to share common identity**

Main Value: HERITAGE

Period of the year to host: march 2024

Description and organization of the week (Contents, Main goals, Activities, Outcomes):

Day 1:

C : Visit of the school- Discover the history of the town and the local museums (bijoux museum and local painters museum)

MG : be aware of the the history of the region and the traditions or social customs of the peoples concerned thus stimulating curiosity, openness and tolerance towards different cultures and respect for other traditions

A : Tour of the monuments of the town guided by students (peer education)- town trail- workshops at the museums

O : pictures and video. Art objects

Day 2:

C : Local history traditions and drawing workshop

MG : to foster interest in historical and cultural heritage, leading students to reflect, investigate, disseminate and share it

A : students will take an active role in local events linked to the traditions of the town. Wearing medieval costumes they will participate in the parade performing typical local dances, they will try sports such as archery, and they will take part in local medieval jobs workshops. They will choose a view in town and make a drawing.

O : pictures, video, drawings

Day 3:

C : Trip to the castle in Torrechiara and Masone labyrinth

MG : to know the medieval history of the area (Ducato di Parma) and visit both heritage and more recent places of interest

A : Visit of the medieval Castle in Torrechiara and of the Masone maze, the largest labyrinth in the world near the town of Fontanellato an extraordinary artistic heritage. Visit of the art gallery

O : pictures, videos

Day 4:

C : Casalmaggiore capital of proverbs: treasure hunt in town

MG : To discover local proverbs belonging to the tradition and compare them with other countries proverbs and sayings.



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A : Students take part to a treasure hunt in town to look for the plaques in the streets of the town with the proverbs. After having collected them all, they translate them in the project target language and search for proverbs having the same meaning in their countries.

O: Posters with the proverbs in different languages, pictures, videos

Day 5:

C : Popular songs

MG : to learn and perform popular local songs as symbol of local heritage

A : Students will be taught popular songs which are part of the local traditions. They will analyze the lyrics and learn past habits and jobs. They will work on Italian vocabulary and pronunciation. They will perform during the final party. On the last day they will show the report of the activities done during the week.

O: music performance, pictures and videos.

External partners: Local Association (Il Torrione)

Expected results: Students will be able to discover their own environment, its heritage, culture, traditions and way of life. They will share common experiences with their friends from different countries. Their families and the schools will also be involved and will benefit from the students mobility. These experiences will open their minds and will increase their sense of tolerance, their independence and will enrich their personality. They will be more motivated to learn a foreign language and they will discover less diffused languages. They will improve their ICT skills producing digital outputs of each activity of the week.

Mobility 3: Teaching Learning (with students)

Title of the week: Citius, Altius, Fortius, Communiter

Main Value: RESPECT

Period of the year to host: February 2026

Description and organization of the week (Contents, Main goals, Activities, Outcomes):

Day 1:

C : Visit of the school- The Language of Olympics - Music workshop: the Anthem of the Olympics winter games- Paralympics: workshops with disabled people/ paralympic competitions

MG : learn how some words of Greek and latin origins are translated in different local languages and are similar- to become more sensitive about disabled people's needs

A : Students, divided in groups of different nationalities, will be given a list of Greek and latin words connected with the Olympics and they will have to translate them into their mother tongue in order to build a dictionary of Olympics. They will take part in sports activities with disabled and special needs students

O : Students will fill in grids , they will make posters with words translations. Pictures and videos of activities

Day 2:

C : - Art workshop: the Olympic posters- Interview with the Olympic local champions- Breaking through barriers: women in sport

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MG : understand the meaning of Olympic posters in the different historical periods- understand how important human values are for Olympic athletes' performance; Compare perspectives of female athletes from the early 1900s to today Evaluate gender disparities in sports;

A : Students will do the proposed activities divided into two groups. They will go through the Olympic posters and consider the drawings according to the historical period commenting on them by means of a padlet; Local athletes who won Olympic games or who took part in them (rowing Seoul 1988, Sydney 2000, Tokyo 2022 and athletics relay) will be invited to be interviewed by the students. Students will prepare interviews considering the Olympics values, their efforts, their life; Documentary and film about women and sports.

O : pictures, posters, videos, padlet

Day 3:

C : Debate: The effectiveness of the new word "Communiter" (together) in the Olympic motto- Mini Olympic games (athletics event)

MG : to compare students' thoughts and opinions about the meaning of the Olympic motto and to be aware of the meaning of the new added word. Develop physical talents to their maximum potential; engage in competitive activities, while promoting health, safety, and physical fitness, exemplify good conduct as a means for learning good citizenship

A : Students will be divided in groups and will take part in a debate activity. They will compete in sports activities which are performed in the Olympic games.

O : tables of results, videos, pictures.

Day 4:

C : Possible participation to winter games in Milan. City Trip

MG : be aware that in order to host winter Olympic games the city will develop a sustainability policy; Be witnesses of Olympic events

A : Visit of the main attractions of the city of Milan and the places of Olympic games; if possible take part in one of the minor events held in the city

O : videos, pictures, reports

Day 5:

C : Orienteering in the woods: discovering the environment- Guided visit of the local woods – Yoga Workshop

MG : Read a map in order to orient in the woods and be aware of the natural environment; be aware that an effort can be joyful if body and mind are well balanced

A : During the sports day students will take part in a orienteering course in the woods along the river PO, thus discovering the local environment. After that they will follow a yoga session to understand the importance of self relaxation in order to have good performances not only in sports, but also in daily activities and relationships

O : Videos, photos, tables of results.

External partners: Associazione sportiva Interflumina

Expected results: Students will understand the true values of Sport and will share the meaning of the new Olympic motto by practicing sport together. They will improve their ICT skills producing digital outputs of

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each activity of the week. The final results will be digital products to be agreed with the students themselves, reports of the week and podcasts for the school radio.